



## END OF TERM MESSAGE

Dear Parents and Carers,

As we reach the end of the academic year, I would like to thank you for the continued support that you have provided for the school throughout it. It has been an amazing year at Cardinal Heenan and, as always, our students have excelled in everything that they do, our staff have worked harder than any staff I have ever known and our governors have provided support, challenge and guidance to ensure that our school continues to thrive, develop and grow.

Throughout the year we have had many highlights, including winning countless sporting trophies, debating and public speaking competitions and countless other extracurricular opportunities, including a number of residential trips, both home and abroad, which has enhanced the learning and social and spiritual experiences of our students and staff.

In lessons, our students have continued to excel and I am incredibly proud of our Year 11 students who worked so hard in preparation for their examinations; I look forward with genuine excitement to seeing their faces when they receive their results on the 24 August. Results will be available from 9:00am until 11am. Staff from Cardinal Heenan and Notre Dame Catholic Sixth Form College, as well as careers advisors, will be in school to offer support and guidance as required.

Our teachers and support staff have worked exceptionally hard this year to ensure that every student receives the care, guidance and support that they require to help them progress through their time with us and prepare for their future and I am very grateful for their commitment. It was a pleasure to welcome Ofsted into our school and I was delighted that they agree with us that we are a happy school, we are proud to be part of our school community and we achieve incredible successes working as one.

As always at this time of year, a number of colleagues will be leaving Cardinal Heenan, to move on to new challenges and experiences, and I am sure that you will join me in wishing them well and I would ask you to remember them in your thoughts and prayers. I would especially like to thank Father Henry Longbottom our Priest Chaplain who has provided outstanding support and care during his time with us.

As we start our new academic year in September I would like to welcome the following staff who will be joining us: Mr Arscott (maths), Miss Buckle (Assistant Head of PE), Mrs Phelan (drama and English), Mr Wolstenholme (English), Miss Baldwin (science), Mr Caden (Head of science and Extended Leadership Team), Mr Mangeolles (science), Miss Lawn and Miss Riley (history), Mr Chan (business), Miss Richardson (food) and Mr Pidhajeckyj (RE)

Our new school year will begin on Monday 4 September for Year 7 and 11, with all students returning on Tuesday 5 September. Please visit our website ([www.cardinalheenan.com](http://www.cardinalheenan.com)) for information about forthcoming events and further information.

As I reach the end of my fifth year as Headteacher of this school, I feel blessed to be given the opportunity to lead our school community and ask that you keep me, the staff and students in your prayers. I hope that you have a wonderful summer.

**Mr Kelly, Headteacher**

## INTRODUCING OUR NEW HEAD STUDENTS



We are delighted to introduce our new head students who have been appointed; Head Students, Lois Priestley and Jayden Hope and Deputy Head Students, Anna Taylor and Cian Noone.

The students underwent a rigorous selection process; all Year 10 students were invited to nominate themselves for the roles and a long list went to a peer and staff vote to create a shortlist. The students shortlisted were interviewed by the Senior Leadership Team, during which their passion and drive to make a difference was inspiring to see. Mr Kelly, Headteacher commented: "the process was humbling, to see such wonderful individuals reflect upon their time at Cardinal Heenan to-date and what they want to achieve in their final year is a testament to the community we are a part of."

The students will lead our school prefect team, work with the School Leadership Team and represent the school on many different occasions. The head students commented: "We are very grateful for this amazing opportunity, representing our school is something that we are all proud to do. The ability to implement change and to work together to represent the student body of Cardinal Heenan and make their voices heard is a great privilege and a task that we - as a team - are eager to take on together. We know that further developing different aspects of our school will be a challenge but it is a task that we are determined to do to make our school a place that students will not only want to be a part of, but an environment they can thrive in."

We are excited to collaborate with other members of the prefect team, teachers and our peers to ensure a happy, memorable and supportive atmosphere for all students during their time at our school. We will work collectively to make our year as student leaders unforgettable, by creating a school where students can use extracurricular activities to make new friendships and find or nurture talents, while still developing their academic skills and further finding comfort within school.

We are eagerly looking forward to setting an example for students to follow, building on the foundations we have been given to create comfortable surroundings for all and finally, giving back to the school that has helped shape us into the trustworthy, hardworking and determined people that we are today."

Bettina Cahilig, Head Student 2022-23 gave the new team some words of advice, "the one piece of advice that I want to give them is that you can only make the most of this opportunity if you are willing to put the hard work in and the earlier you learn this, the more you can gain from it. And on a final note, I'd like to wish them all the best of luck for when they enter their roles in the next academic year."

## LEEDS TO LOURDES



On Thursday 6 July 28 Year 10 students, Mr Tunnecliff, Miss Goode and Mrs Woliter (former teacher and Governor) joined the Diocese of Leeds in their annual pilgrimage to Lourdes. What lay ahead was a packed programme of events centred around helping and caring for the sick and elderly pilgrims of the diocese.

Throughout the week we gathered as a whole diocese for Mass and other activities centred around the key areas of significance in Lourdes. The Torchlight Procession is a highlight for many, everyone proceeds around the domain singing and praying, trying to manage keeping their candle lit and their paper lantern from burning!





The students were a little apprehensive but also excited about meeting their pilgrims. Students were grouped into fours and paired with a pilgrim to take them to all the events throughout the week. One student commented, "I loved taking care of the pilgrims and helping them have a great time while they were there." Another student said, "The pilgrims were extremely fun to be with and I realised that they are just like us, same attitude, character, they are just less able than us."

Often people will travel to Lourdes many times in their life. What makes each pilgrimage different and special are the people you meet and spend time with. A student commented, "Lourdes was a beautiful experience, that allowed me to meet new people and make new friends, you get to share memories with different people which is simply amazing."

Several schools from the diocese travelled to Lourdes, and many new friendships were made. One student commented, "The best thing about Lourdes for me was being able to make new friendships and grow the friendships that I already had. I also loved taking care of the pilgrims and helping them have a great time while they were there."

The days were often long with many challenges. One minute you are walking up a steep hill pushing your pilgrim, the next you are carrying containers of holy water back to your hotel for other pilgrims. "Even though it was tough to get through all the days, it taught me things that I knew I had but I hadn't found yet."

On our long journey back to school we reflected on how Lourdes had affected and changed us as people. One student reflected, "Lourdes has been a life-changing experience for me; I now feel more confident about myself and more confident of the choices I make. To add, my faith has developed drastically and I feel like my connection with God has strengthened as a result." We were forced out of our comfort zone but through these struggles we learnt more about our inner strength and how we can help others.

If you are reading this and you're thinking about going on the Lourdes trip next year or when you get to Year 10 one of the student's advice is: "go for it, no matter how religious you are! It is a fantastic opportunity to not only learn more about your faith, but who you are as a person, how well you work in a team and how much you persevere each day. Also, don't judge a book by its cover - Lourdes may seem like one of those trips which is only religious but there is a lot that is hidden underneath the surface - the amount of extracurricular you do, the amount of time you spend with your friends and as a youth, how much you learn from helping your pilgrim and the amount of time invested by the team (Ryan, Jessica, Katie) to make sure that your Lourdes experience is as unforgettable and as memorable as possible."



## ICELAND YEAR 9 & YEAR 10 MAY - 2023

70 of our Year 9 and Year 10 students visited Iceland at the start of this term. Students explored and learnt about the spectacular and diverse landscape including volcanoes, glaciers and dramatic coastlines whilst they gained an understanding of Icelandic history, culture and traditions.



Upon arrival at Keflavik airport the landscape was barren and people were scarce, except for tourists! The first stop was the bridge between the continents - the link between two tectonic plates and at the Gunnhver hot springs students were afforded their first real smell of Icelandic air! In the evening the students enjoyed water sports in a geothermally heated pool.

The following days were busy touring an array of amazing places, these included: the capital - Reykjavik which is the furthest capital north in the world; Vik, the most southerly town in Iceland with stunning black beaches and hexagonal basaltic columns of rock that inspired Hallgrimskirkja church in Reykjavik and The Golden Circle.





Students explored some amazing physical features including the Solheimajokull Glacier, several active, dormant and extinct volcanoes including Hekla, Katla and Eyjafjallajokull and walked behind several stunning waterfalls. The Geysir National Park allowed us to explore an amazing natural phenomenon where huge jets of water and steam fire up to 20 metres into the air and the secret lagoon that has naturally heated water pouring in constantly.

The feedback from the students about the trip was fantastic; they particularly enjoyed the Lava centre (an interactive area to explore volcanoes), free time in Reykjavik and the awe-inspiring waterfalls. Students returned home from Iceland with a different perspective on the world around them and how our planet changes both in an instant and over a long period of time.

Our next scheduled Iceland trip will be in 2025 – more details to follow!



## Y8 VISIT THE BATTLEFIELDS OF WORLD WAR ONE IN BELGIUM AND FRANCE



A group of almost 50 students and accompanying staff set off for the WW1 Battlefields Visit recently. After a good crossing on the ferry, we arrived at the Sanctuary Wood, a site with real trenches from the war that have been preserved – a moving experience for our students who walked through trenches that soldiers had launched their attacks from over 100 years ago.

Our next two stops took us to war cemeteries – firstly, Essex Farm, a Commonwealth War Graves site where the famous poem “In Flanders Fields” was written by John McCrae, a surgeon who worked at the field hospital which can still be seen at the site of the cemetery. We then went on to Langemark German War Cemetery, which was very different in appearance but just as moving.

That evening, we attended the Last Post ceremony at the Menin Gate in Ypres and two students presented a wreath on behalf of the school community. It was a privilege to be a part of this ceremony that occurs every evening at 8pm to remember all those lost in the war, especially as our visit coincided with the anniversary of the start of Battle of the Somme – 1 July 1916.







The second day took us to France, down to the Somme region itself. We visited Newfoundland Park, site of the terrible losses of the Newfoundland Regiment, and then the Accrington Pals memorial and Serre Road No1 cemetery where Leeds lad and member of the Leeds Pals, Horace Iles, is buried. After receiving a white feather on a tram in Leeds in 1914, Horace joined the army, lying about his age as he was only 14. He died on the first day of the battle aged only 16. We listened to the last letter his sister Florrie wrote to him, pleading with him to come home, which he never received.

On the final day, we visited Tyne Cot Cemetery, the largest Commonwealth War Graves Cemetery in the world, where we had some time for reflection and prayer. Everyone took some time to remember the fallen and placed their Cross of Remembrance on a grave. We finished our visit at the Passchendaele Museum in a nearby village, before making our way back to the port for the ferry home. It was an amazing experience that will not be forgotten by any of us.

Mr Wild



## TEAM BUILDING AT CONDOVER HALL



Earlier this month over 50 students departed for an action-filled weekend at Condover Hall. Condover Hall is a fantastic activity centre in Shropshire that offers football and netball tournaments as well as adventurous activities on-site.

It was a jam-packed weekend! When not competing in the tournaments the teams were able to come together to take part in kayaking, climbing, low and high rope courses and abseiling. The water sports were brilliant fun and got everyone in the mood to have lots of fun.





The five-a-side football competition and netball tournament saw all teams play with good teamwork and showed real character when rotating around positions. The footballers played their games at the Shrewsbury Town Community Football Hub.

The students had so much fun during the tournaments, developing the teams' cohesion and their self-confidence. Special mention to the Year 8 boys football team and the Year 7 and Year 8 netballers for finishing second.

It was a fantastic weekend of netball and football, with smiles and giggles all the way. Lots of lessons were learnt on and off the court/pitch. A huge congratulations to everyone who took part and well done to every player for your contribution over the weekend.



## DUKE OF EDINBURGH BRONZE AWARD 2023

The Duke of Edinburgh's Award is a popular choice for students in Year 9 and Year 10. This year saw record numbers, with 100 students beginning to work towards their Bronze Award and 75 being invited on the Expedition.



The Bronze Award offers young people the opportunity to challenge themselves, acquire new skills, experience adventure and work with others to develop their confidence and self-esteem. Colleges and employers all recognise the values including commitment, time management and resilience that the Award instils in participants.

For many students, the highlight of participating is the 2-day Bronze expedition which involves learning walking skills, campcraft, map and compass-reading skills, first aid and emergency procedures. The students during the practice walk and the expedition planned their own routes, navigated themselves and cooked their own meals while camping. As always, the students impressed us with their ability to burn a sausage in 90 seconds flat! Some of the students also showed some admirable first aid skills on the first day, a testament to the hard work and diligence they displayed in their Expedition Preparation Sessions.





In addition to the expedition students must complete several months of Volunteering, Physical activity and developing new or existing Skills. Students complete these sections in their own free time, outside of school, their commitment to succeed is vital. Our students have undertaken a range of activities examples include:

- Physical: Football, Cross Country Running, Sailing, Horse Riding, Netball, Dance, Basketball, Rugby
- Skills: Tennis Coaching, Photography, Cooking, Crocheting, Python Coding, Music, Learning Gaelic, Baking
- Volunteering: Beavers, Scouts, Teaching Dance, Faith Outreach, Fundraising, School Librarian and Reading Buddies

Between 1 April 2022 and 31 March 2023, our students have clocked over 1,287 volunteering hours, the social value of which is £6,190. Many of our students from this year and last have contributed to our fundraising efforts, raising over £3,000 in two years. This year enabled us to purchase school supplies of rucksacks, Trangias and tents for the students to use on their expeditions.

We are incredibly proud of the resilience and dedication that these students have shown over the year. Of the 75 students who completed their expedition in June, 42 have now completed their award and many more are close to completion.

Next year we will be taking our remaining Year 9 students on Expedition and inviting our current Year 8 students to take part in the award. Information will be delivered in assemblies and emailed to parents when applications open.

## LEARNING ABOUT BUDDHISM



On Monday 3 July Year 7 students were treated to a talk from Sārahadaya, who is part of the Triratana Buddhist community in Horsforth. He delivered a talk on what it means to be a Buddhist, his personal journey and how the life of the Buddha influences and inspires Buddhists today. In his talk, Sārahadaya said that he felt he was kinder and didn't worry so much about the future. He said that when he prayed he meditated which is all about settling the mind. He also chants and says a mantra which is a statement personal to him.

This talk allowed our students to see how people from other faiths reflect on the virtues of faith, hope and love. Thank you to Ms Harnett who arranged the visit and for all the Year 7 students who showed respect and kindness.

## HORNSEA YEAR 10 - JUNE 2023



Our Year 10 Geographers visited the East Yorkshire town of Hornsea in June for their Geography fieldwork. They were investigating two areas looking at the human and physical Geography of the region. In the centre of Hornsea, they studied the impact that tourism has on the area, by using environmental quality surveys and a land use survey to assist in this.

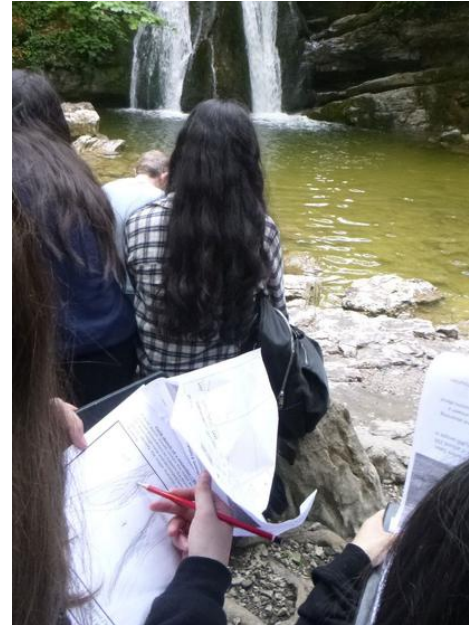
## OLD CARDIES MASS

Earlier this term we celebrated our Old Cardies Mass. It was lovely to welcome former staff back into school as we live out the words of our school prayer to, 'build on the best traditions we have inherited'.



## YEAR 8 EXPLORE MALHAM

Our entire Year 8 cohort visited Malham on the 11 and 13 of July, they were involved in completing a range of fieldwork to investigate the impact that tourism has as well as gaining an appreciation of the stunning scenery.



The groups went on two main routes in the day. The first route went to Malham Cove and passed the centre of Malham village allowing students to experience its tranquillity and calmness whilst investigating the impact people have on this place. The students went to the base of Malham Cove which stands an impressive 82m high, here, they were given a talk by their Geography teacher about the place and conducted further fieldwork. The second route was a riverside walk to the spectacular and mysterious Janet's Foss, an ancient waterfall surrounded by woodland that really came to life as sunlight pierced the trees and showed us more of the waterfall. The students completed field sketches to illustrate the geographical features they had seen. The trip was bookended with two stunning coach journeys in and out of the Dales which gripped the students with panoramic views.



## THE WORLD OF WORK

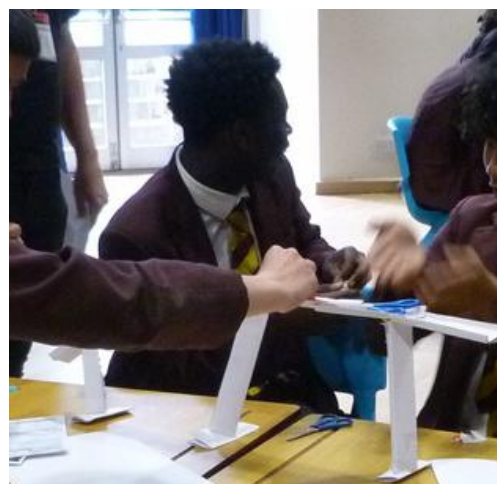
During the last two weeks of term our Year 10 students have been immersed in better understanding the world of work. Over 130 students were on work experience placements, ranging from Leeds Teaching Hospital, Vertu Land Rover and PC Workshop to Eversheds and several primary schools, these placements help students understand what workplaces are like.



Some Year 10 students are undertaking a virtual work experience programme in school, deepening their understanding of the workplace and helping them to understand the areas they need to develop to be an effective employee. They have been completing certified Open University courses regarding 'Succeeding at Work' then have had the option to pick from a variety of courses tailored to their own interests. There have also been a range of face to face sessions including Career Advisor, Personal Statement, Financial Literacy and The World of Work workshops, more details about which follow.

## ENGINEERING

Global engineering, management and development company, Mott MacDonald delivered interactive workshops based on developing real-life engineering solutions including building a bridge.





## LEEDS TRINITY UNIVERSITY



LTU came in to talk out our students about getting into higher education, especially for first generation university attendees. They brought some wonderful student ambassadors in, including one of our alumni!

## CYBER SECURITY

Leeds Based company SEP2 delivered a fantastic afternoon during which students explored cyber security – what it is, what they do and some of the different security roles. Students enjoyed the opportunity to participate in several interactive scenarios including, attach, defend and analyse.

## GIRLS INTO DATA

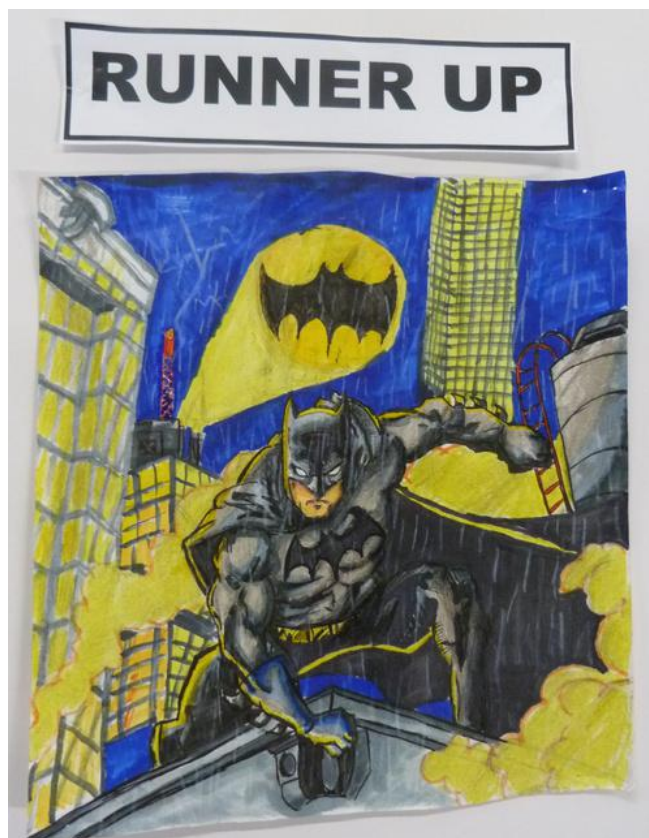


ASDA delivered a Girls in Data interactive workshop to empower women to pursue careers in technology and data. The session provided a fascinating insight into some of the amazing careers that are available in data.



## ART COMPETITION

Thank you to everyone who entered our recent art competition, the standard was very high. Congratulations to our winners.



# SPORTS DAY



## LEEDS CATHOLIC SCHOOLS FUN RUN

On Monday 3 July 2023, more than 1,900 children and staff from 23 Catholic schools from across Leeds gathered at Cardinal Heenan Catholic High School for the second annual cross-country competition and Fun Run.

The competition including Year 3-6 boys and girls saw them undertake a gruelling 2.5km course before all the children who were present were allowed to run the course and take part in the Run for Fun.



Event organiser, Mr Peter McQuillan-Strong said, "It was wonderful to see so many children running for fun! There are over 1900 runners today and this is a great testimony to Catholic school sport and our commitment to have fit and healthy children in all our schools. We are indebted to the staff and sports leaders at Cardinal Heenan for supporting this event again; they have helped set up the course, led the children round the track and helped with the admin of the day. They have been wonderful role-models for our young people and an inspiration to them as well as brilliant ambassadors for their school." This is now becoming a fixed feature of the Catholic sport calendar for Leeds' schools, and we look forward to the 2024 Run for Fun!

### **DATES FOR THE DIARY:**

**Training day (school closed to students): Friday 1 September 2023**

**Year 7 & 11 Return to School: Monday 4 September 2023**

**All students return to school: Tuesday 5 September 2023**

**Year 7 Welcome Mass and Tutor Evening: Wednesday 4 October 2023**

**Training day (school closed to students): Friday 6 October 2023**

**Open Day: Saturday 7 October 2023, 10am-1pm**

**End of Term: Friday 27 October 2023**

[www.cardinalheenan.com](http://www.cardinalheenan.com)