



CARDINAL HEENAN
CATHOLIC HIGH SCHOOL

VERITAS

NEWSLETTER

A message from the Headteacher

As we come to the end of this academic year, I have spent time reflecting upon how our school community has coped with the challenges of the last two years. Last July, lessons were still undertaken in bubbles, with teaching staff moving around the school, all wearing face coverings and living in a very difficult world. We were making plans for a full reopening in September, faced with the reality that our Year 7 and 8 students had no experience of moving around our school and that our Y9 students had experienced this for only a few months whilst in Y7, all of our children and staff had worked through remote learning, isolation periods and the Teacher Assessed Grades in place of external GCSEs. The big question was, how would the school community ever return to being a vibrant and thriving community?

I write this introduction with immense relief, it is impossible to express how proud I am of our school community as a whole. We have faced significant challenges along the way, but we have remained true to our core values and it is clear that every member of our school community has tried to follow our core principals of "trying our best, being kind and following the rules". At a time when schools are reporting significant issues with behaviour, attitudes and attendance, we are proud to report that our students continue to represent the Cardinal Heenan community incredibly well. The majority of our students are taking part in extracurricular activities and representing the school in a variety of ways, building on the excellent learning that has been taking place throughout the year.

I would like to take this opportunity to introduce you to our new student leaders, who have been recently appointed following whole school elections. Congratulations to Bettina Cahilig (Head Girl), George Grumley (Head Boy), Mia Lomotos (Deputy Head Girl) and Dan O'Brien (Deputy Head Boy). Our Head Boy and Girl, along with their Deputies, represent the whole student population and play a central role in ensuring the student voice is heard.

I hope that you enjoy reading about the successes that we have experienced this year. I would like to thank all of the staff, students and families for your contribution to our school, helping us in "building on the best traditions that we have inherited" and making Cardinal Heenan Catholic High School a place where hard work and effort are rewarded, lifelong friendships are created and every member of the school tries to become the best version of themselves.

Thank you for your ongoing support and prayers and I wish you a happy and relaxing summer.

Mr Kelly, Headteacher



Follow us on twitter at @CHCHSLeeds

MEET OUR NEW STUDENT LEADERS



Our Head Girl, Bettina Cahilig is looking forward to working with other members of the prefect team in representing the student body and giving something back to the community that has helped her grow and flourish as a person so much.

Bettina commented: "The values of Cardinal Heenan; to be kind, follow rules and try your best are what makes me so proud to be a student here. I want to be a role model to younger students and help them: I want them to know that whilst I do well in school it is because I dedicate a lot of time at home to my studies and my interests like playing the piano."

"Cardinal Heenan has helped forge the determined, resilient person I am today and I can assure you that I'll work hard and do what's best for our school."

George Grumley is very proud to be Head Boy and enthusiastic to embrace our community spirit. "Cardinal Heenan is a supportive community whether it's in sport, music, drama or our academic studies, we all just want to see each other reach our greatest potential. The Boys Will Be Brilliant programme was an eye opener, it made me realise that a little support or encouragement can go a long way.

I am well respected around school, I am approachable and trustworthy, and I look forward to supporting students get their voice heard or just encourage them with a smile or a laugh!"

Mia Lomotos, Deputy Head Girl, is proud of the welcoming, inclusive community of Cardinal Heenan. Mia embraced the opportunity to try lots of different clubs and activities to discover what she really loves doing, "life is created so you can find your meaning."

Deputy Head Boy, Daniel O'Brien wants to ensure the student views, experiences and opinions are shared with members of staff who can make change happen. Daniel particularly wants "to inspire everyone to achieve their potential especially in Y11, whilst ensuring that the last year at Cardinal Heenan is a memorable one."

STEP UP TO THE PLATE



Our Chaplaincy Team has been learning about how the global food system is broken, in support of CAFOD's Step Up to the Plate campaign. The students have learnt that there is enough food in the world to feed everyone, yet one person in every ten is hungry. For a range of reasons, our food system is broken, and our students have been discussing why.

The students produced their own plates with key messages on to call for change and to end food poverty around the world.

TRINITY CUP



Earlier this term some Y9 students competed in the Trinity Cup at Notre Dame Sixth Form College.

The Trinity Cup is an academic discussion comprising theology, philosophy, and ethics with several motions being debated. Schools across the diocese participated, comprising mainly Y10 students.

The Cardinal Heenan team won the competition based on their clear, well thought out responses to the motions and the respect they showed to the other teams. We're so proud of them.

REVELATION: EMPOWERED

A group of students attended 'Revelation' earlier this term. The evening brings together young people from across the Leeds Diocese in a relaxed informal environment.

The students enjoyed a range of games including 'Connect Four' and discovering how combining a bottle of fizzy drink and a Mentos mint can represent how we feel when filled with the Holy Spirit! The evening concluded with prayer and reflection on how the Holy Spirit can help and guide us in our time of need. We are looking forward to meeting friends old and new at the next 'Revelation' in October.



CAREERS FAIR



Cardinal Heenan was delighted to host our Careers Fair recently, welcoming a wide range of exhibitors including universities, colleges, other sixth form providers, apprenticeship providers and local employers.

All our Y9 and Y10 students attended the fair and undertook a research task during the event to help them get the most out of the experience. The event was a huge success and it is an important part of the careers programme at Cardinal Heenan to help equip students with the knowledge and understanding they need to make well informed decisions about their futures.

Y10 MOCK INTERVIEWS

Last week, the school hall was buzzing with representatives from industry and local employers helping Y10 students to undertake their first interview. Despite some pre-interview nerves, our Y10 students did a great job of tackling the questions. Students found it invaluable in helping them to prepare for their next steps and received fantastic feedback from the interviewers.



Y10 CBRE TRIP



Recently our GCSE Business Studies students visited the CBRE offices in Leeds. CBRE is the global leader in commercial real estate services and investment. The students met with the Senior Leadership team to learn more about CBRE, discussing a range of topics including how to climb the career ladder.

The students had a great time and the workshop on CV's and how to perform in an interview provided great insight.



Y10 TASTER DAYS AT NOTRE DAME

Our Y10 students recently visited Notre Dame Sixth Form College to develop an understanding of what life at college is like. The students experienced a range of lessons in subjects that they were interested in from Classics and Biology to Interior Architecture and Health Studies. They had the opportunity to explore the college and were a credit to the school.

Y11 LEAVERS

As the GCSE Physics and Science papers finished on the 23 June, it was time to say goodbye and good luck to our Y11 students. The class of 2022 have been phenomenal, their resilience and determination to achieve and make the most of every opportunity has been amazing.

The students came together as a community to celebrate their Leavers' Mass. The students then enjoyed their Leavers' Assembly and a trip down memory lane before the rituals of signing shirts and enjoying an ice cream!



LEAVERS' PROM

We were delighted to be able to host our Leavers Prom since before the pandemic. It was a fantastic evening at The Mansion, and the students looked amazing!



OUR GLOBE IS READY!



Students from all year groups have been working hard this term to complete the design on our globe, as part of the World Reimagined Learning Programme. The globe is deceptively large and the students have really come together and worked hard to ensure it is ready for collection.

The students highlighted, through their artwork, that everyone is unique but that we come together as a community and are stronger for that. The globe will form part of a trail throughout Leeds from August.

Y6 FAMILIARISATION DAY & ENROLMENT EVENING



It was wonderful to welcome pupils and their families joining Cardinal Heenan in September into school this month; there have been several events running. The Familiarisation Day gave all our new Y7 students the opportunity to get to know each other, become familiar with the school, meet teachers and experience lessons. It was a fantastic day and the feedback was so positive.

Our Enrolment Evening provided an opportunity for families to come into school and order uniform, hear about summer school, the start of term arrangements and for students to meet their form tutors.

For all our new parents, we hope your child feels excited about joining Cardinal Heenan in September, if however, you have any concerns or queries please do not hesitate to contact Mr Teggart.

Y7 LITTER PICK



Armed with litter grabbers our students were joined by staff from Irwin Mitchell to help look after our local community by picking litter.

Thank you to everyone involved.

JUNIOR WARRIOR



Junior Warrior, a 3km course with 12 challenging obstacles including walls, pipes, nets, lots of mud and an awesome water slide. 60 of our students undertook the challenge and they had a fantastic time.



WORKING TOGETHER



It has been an actioned packed term, working very closely with our Catholic primaries.

2000 students from Catholic primary schools from across Leeds participated in the Let's Run Challenge, held on our sports fields, which was a fantastic event. There were a series of competitive races before a mass fun run.



We recently welcomed Y5 pupils from several primaries school to enjoy a taster day. They enjoyed a range of lessons and experienced what life at Cardinal Heenan is like.

The performing arts day saw choirs from several primaries come together to practice and learn a few tips before performing at Carnival Heenan.

SPORTS AWARDS

This year has seen the PE department come back to life, and our students and staff have really embraced it. Student participation in a wide range of extracurricular sports including netball, football, basketball, table tennis, badminton and cross country has been high and it was fantastic to celebrate that. As we welcomed students and parents to the Sports Awards, anticipation was high as the trophies were awarded.

Special mentions go to:

- Dan Appleyard and Maddie Boyle - For Outstanding Contribution to School Sport throughout their time at Cardinal Heenan
- Izzy Stewart for being a part of the U15 National Football Team and her contribution within school
- The Y10 boys footballers who were named Team of the Year



ATHLETICS

Athletics has been very popular this term with all year groups competing in a range of competitions across Leeds.

Congratulations to our Intermediate Girls Athletics team who qualified for the Leeds Schools Athletics Final at the John Charles Stadium. They had a fantastic meet.

There have been some outstanding individual performances:

- Orla Betts
 - 2nd in 100m sprint / time: 13.3
 - 2nd in high jump / 1.30m
- Evangeline Rose
 - 2nd in 300m sprint / time 43.2
 - 1st in long jump / 4.44m
- Morgan Leathley
 - 5th in 200m sprint / time: 30.8



AQUATHLON

Several students recently competed in the Woodhouse Grove School Aquathlon. The event starts with a 200/250m swim followed by a 1,800m or 2.5km run, depending on your age category.

Several students secured top ten finishes, with everyone having a great time.

SPORTS DAY

Sports Day is a highlight in the summer term. All students participate in an action-packed day of sporting endeavour. There are four rotations between different events throughout the day including; team games, track events, field events and indoor games.

Throughout the day students from all year groups came together to support their teams wearing their team colours as creatively as possible! The competition was fierce, but always friendly! Congratulations to everyone one involved and making it such a memorable event.



Indoor games comprise dodgeball, table tennis, table cricket, Boccia, New Aged Curling and Chess.



The classic **field events**; discus, shot put and javelin were combined with the traditional welly throwing, crazy catch and tug of war!

Team games includes: 7 aside football, netball and rounders.



Track events involved a range of events including the 2x50m relay, the 4x25m mixed egg & spoon race, a series of distance races including 100m, 200m and 800m.

CARNIVAL HEENAN

Last Friday saw Carnival Heenan roll into school! Friends of Cardinal Heenan organised a fantastic summer fayre which saw our whole community come together for some summer fun. There were over 20 stalls including Duke of Edinburgh fundraisers selling sweet bags, a bottle & chocolate tombola, hook a duck and face painting to name a few.

The BBQ and bar proved very popular, providing invaluable energy for the sporting events including tug of war.

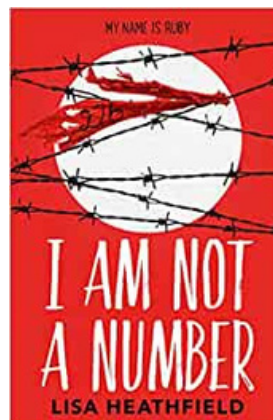
The highlight of the event were the choir performances. The choir comprised primary schools who had joined us for a day of rehearsals and performing arts masterclasses, culminating in their performances.

Thank you to everyone who supported us.



SUMMER BOOK RECOMMENDATION

This dystopian novel follows Ruby and her family as they are taken to a 're-education camp' in futuristic Britain. The story explores propaganda and the need to stand up to the injustices we see in society. I would recommend it to pupils in year 9 and above, particularly anyone with an interest in politics and history.



UPCOMING DATES

GCSE Results day: Thursday 25 August

First day of term: Friday 2 June: Year 7 & 11 only

Monday 5 September: All students return

Half term: Monday 24th October – Friday 28th October 2022

www.cardinalheenan.com

Tel: 0113 8873240 • Email: info@cardinalheenan.com • Tongue Lane, Leeds LS6 4QE